

DELMAR PROGRESS CLUB



MAY 2023



PROGRESS IN PRINT



President's Message

This month's picture shows my ten year old granddaughter Sophia, my daughter-in-law, Hope, and me looking at goodies we baked for a bake sale Sophia wanted to have, with the proceeds to benefit the South End Children's Café. Sophia was in charge, with Grandma and Mama taking orders from her. (Not easy for Grandma to take orders in the kitchen!) She made \$211!! and will be going to the Café this week to give them the donation. I was so proud of her, and thinking about how important it is to learn to volunteer at an early age.

This is something I am proud of in regards to the Delmar Progress Club. We are always giving to something or someone. Our Scholarship winners, Veterans, the Town Food Pantry...you get the picture. It's one of the first things I mention when doing an "elevator speech" about the Progress Club to potential members. Our Community Service projects are terrific! You all are very generous, whether with time, money, talent, or just your smiles. You do amazing work! Our community benefits from the club's efforts, in small ways and large ones.

Thank you!
Pam

May General Meeting

Monday, May 1, 10 am
Bethlehem Public Library Community Room

- **Jody Monroe, Superintendent, BCSD**
Proposed School District Budget
- **Annual Meeting (election and budget vote)**
- **Ribbon-making for the National Alliance on Mental Illness**



Scholarship Luncheon

Wednesday, May 17, Noon

Red's Restaurant
12005 Route 9W, West Coxsackie NY
(Need a ride? Call Barbara Kavanagh,
518-898-9041, after April 1)

Menu:

Fresh Crudities Platter
Horseradish-infused Cheddar Spread with Crackers
Mixed Green Salad with Balsamic Vinaigrette
Choice of entree:
-- Butter-crumbed Haddock with Duchess Potato
-- Chicken ala Red's (Breast of chicken in egg-parmesan batter, sauteed & finished with a delicate lemon/sherry sauce, served over rice pilaf)
Dessert: French Cheesecake with Blueberry-strawberry sauce
Hot coffee, Decaf & Hot Tea

Please send \$28 check
payable to "Delmar Progress Club" to
Phyllis Drew, 35 Greenock Rd, Delmar NY 12054

*Indicate choice of haddock or chicken on check

*Reservations due by Friday, May 5

MAY BIRTHDAYS

Happy Birthday to ...

Sue DiMuria -- May 1
Lynne Lenhardt -- May 11
Candice Stellato -- May 11
Katherine Underwood -- May 15
Sue Lamora -- May 16
Pam Tindall-O'Brien -- May 30



If you have a chance, call or email them your good wishes. (And share your birthday with us!)

MEMBERSHIP

Debbie Gall, Second Vice President, Chair

(galldebbiedpc@gmail.com)



New Member

Judi Kehoe 278 Kenwood Ave, Delmar NY 12054

518-428-0542 Judith.E.Kehoe@Gmail.Com

Dues Check Due...Dues Check Due...Dues Check Due

May is the month when we collect the dues for the new Club year.

Please make this process easier by taking care of this ASAP. It helps tremendously to get our Membership List up to date, so that emails and mailings stay consistent over the summer months.

* Letters of Resignation should be mailed to the PO Box address below*

Please make out a check to: Delmar Progress Club in the amount of \$45.00

1. Bring a check to the May General Meeting
2. Bring a check to the Scholarship Luncheon at Reds
3. Mail a check to Delmar Progress Club PO Box 423 Delmar, NY 12054.

In Memoriam:

A Celebration of Life for **Joan Richardson** will be held on May 7 at 2 pm at St. Andrew's Episcopal Church, 10 N Main Ave, Albany. Reception to follow in Carmichael Hall.

Questions: jprichardson132@gmail.com or 518-925-0307

NOMINATING COMMITTEE

Susan Haswell, Chair

The annual election will be held at the May 1 Annual Meeting. The nominees are:

Board Members: Mary Ellen Caporta & Rose Marie Carey

Nominating Committee: Honor Kennedy

SCHOLARSHIP COMMITTEE

Maryalice Svare, Chair

SCHOLARSHIP WINNERS

On April 12 the scholarship committee reviewed the impressive applications for our DPC Scholarships. The committee consisted of Mary Bigelow, Karen Blysmas, Mary Ellen Caporta, Lynne Lenhardt and Maryalice Svare.

The committee selected two outstanding young women. The recipients for 2023 are Sarah Bernasconi and Hannah Claire Fronheiser.

Sarah is the daughter of Paul and Michele Bernasconi. Sarah will start her college career at University of Mary in Bismarck, North Dakota in their Occupational Therapy program. Hannah is the daughter of Jane and Jody Fronheiser. Hannah will enter the college of the Holy Cross in Worcester, Massachusetts where she will study Biology.

We are delighted that Hannah and her parents are able to attend the Scholarship luncheon on May 17th. Sarah is unable to attend the banquet because she leads the SADD group at BCHS which has a day-long event that day. But, Sarah's mother will join us at the banquet and share a few remarks written by Sarah. Additionally, Sarah will join our May 1st monthly meeting to be introduced and personally share a few thoughts with members attending the meeting

Both students expressed the gratitude and honor they felt after learning they were selected by the Delmar Progress Club. Each student will receive \$1500 for their college expenses.

None of this would be possible without the support of our membership. Thank you to our Delmar Progress Club members who so generously contributed to the scholarship fund.

CORRESPONDING SECRETARY'S REPORT

Margaret Dilgen, Corresponding Secretary



A memorial card was sent to Kathy Schimanski on the passing of her husband Gerald. A card of encouragement was sent to Nancy Steele. A sympathy card was sent to Val Donovan for the loss of her mother, Lorraine Bently. Also, a check was sent to the National Alliance on Mental Illness.

WELLNESS AND THE NATURAL WORLD

Chair (vacant)

Wellness Walks

The Health and Wellness Group is hoping to see many of you on our Spring Walks! We will go, weather permitting:

- On May 8th, we will walk in Washington Park at 10 am to see the tulips.
- On June 8th, we'll go to Schenectady at 10 am to see the Rose Garden in Central Park.

We would love to have many of you join us, especially to see the Rose Garden. Their website says "Experience the breathtaking delight of strolling among 4,000 rose bushes, enjoy our tiered center fountain, cross over a babbling brook or simply sit listening to birdsong by the spring pond. We have chronicled the many changes to the garden in our annual Garden Notes publication; [click here to view.](#) "

As always, if you need a ride to these rides, please contact me at 518 439-1672 or email me at ptindallobrien@gmail.com. Pam



And we'll be marching in the Memorial Day Parade -- Monday, May 29 -- watch for details ...



Our bottle and can redemption program through the Hannaford CLYNK program is ongoing. You can pick up CLYNK bags at the monthly meetings or contact Joan Gavrilik at jsg85@aol.com or 518-439-4520.

Wednesday, May 31 -- National Senior Health and Fitness Day

Noon- 3:30 pm: Elm Avenue Park, Large Pavilion

FREE, but registration required -- Call 518-439-4955, option 7

Noon-1 pm: BBQ Lunch & Vendor tables*

1-3:30: Demo Exercise Classes (T'ai Chi, Chair Yoga and more)

* **Check out the Delmar Progress Club table**

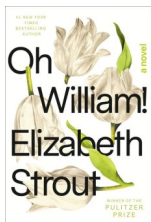
LITERATURE GROUP

Christine Doran, Chair

All are welcome at the Literature Group meetings. You are welcome even if you didn't go to any of the previous meetings. Our next meeting is on **Thursday, May 18**, at 10:30 AM, in the Library Board Room. The book is ***My Cousin Rachel*** by Daphne du Maurier.



"There can be no argument about the fascination of *My Cousin Rachel* (after the first thirty or so pages, it is difficult to take time out for eating or sleeping)...." --- The Washington Post



Last Meeting of the year is **Noon, June 15** at the small pavilion in the Town Park (across from the playground). This meeting will be all about fun, food and friendship. We will discuss ***O William! : A Novel*** by Elizabeth Strout and will decide on our books for next year. In addition, we will have a book swap. Bring a book or two that you enjoyed but don't want to keep, and pass it on to someone else.

The picnic will be semi-pot luck. Please bring the main part of your lunch and your beverage, and a side or dessert to share.

FEDERATION

Carolyn Bennett, Coordinator



Did you know?

Next question....do you *want* to know? It appears that many DPC members are not aware of our association with the Federation of Women's Clubs. The Delmar Progress Club was organized in 1901 and became a member of the General Federation of Women's Clubs in 1916.

Jane Cunningham Croly, better known by her pseudonym "Jennie June", was a pioneer author and editor of women's columns in leading newspapers in New York City. She founded the Siroris Club for Women in New York in 1868 and in 1869 founded the Federation of Women's Clubs.

GFWC is now the largest Women's Club in the world expanding across the United States to many countries across the globe. GFWC currently has 60,000 members world-wide, including the Delmar Progress Club. The primary focus is on "living the volunteer spirit" and on financially supporting numerous partnerships including Canine Companions for Independence, Shot for Life, Heifer International, St. Jude's Research Hospital, Operation Smile, Unicef and others. Their corporate headquarters are located in Washington, DC where their International officers lobby for programs that impact the quality of life for women and children across the world.

You can access their website at gfwc.org for additional information about their programs and support. Once you log into the website, you can create a password to access the member portal for a variety of club resources to help with membership recruitment, leadership skills, and opportunities to help us in adjusting to new ideas for the future. Membership comes with a cost however which is included in our club's annual dues. The Delmar Progress Club is an important contributor to this wonderful international organization!

Delmar Progress Club -- March 6, 2023 General Meeting



Pamela Tindall-O'Brien called the meeting to order at 10:06 and led the group with the Pledge of Allegiance. She introduced some of the newer members and guests.

The February Minutes had previously been sent out to everyone. Josie Woods moved to approve them with a second by Marie Liddle and they were unanimously approved.

Pam reminded everyone of the Scholarship Luncheon on May 17th. The cost is \$28. Mary Alice Svare announced that the club has sufficient funds to award two \$1500 scholarships.

Kathy Raffe gave a summary of the Pajama Project. Denise Gisotti described Operation Smile and showed some gowns she had sewn.

Debbie Gall described the new sign-in process and how to list volunteer hours. She distributed some notecards for people to write messages for individuals who can't actively participate in the club.

Members who brought their creative works displayed or read (poetry) for everyone to see. There was a lot of talent shared!

The meeting adjourned at 10:53 and members socialized while they enjoyed homemade soups and baked items.

Respectfully submitted, Lynne Lenhardt, substitute Recording Secretary

Delmar Progress Club -- January 9, 2023 Board Meeting

Approved minutes are available on request from Recording Secretary Barbara Kavanagh at bbk.shop2@gmail.com or 518-898-9041.

PROPOSED 2023-2024 UNRESTRICTED FUNDS BUDGET**PROPOSED 2023-2024 RESTRICTED FUNDS BUDGET****INCOME**

MEMBERSHIP DUES	
\$45 FOR 135 members	6075.00
TOTAL INCOME	\$6075.00

EXPENSES**SERVICES and PROJECTS EXPENSES**

COMMUNITY SERVICE	700.00
LEADERSHIP AWARDS	250.00
STATE HONOR ROLL	25.00
HUGH O'BRIEN	225.00
REMEMBRANCE GARDEN	500.00
HOSPITALITY	100.00
SOCIAL	450.00
EVENTS	250.00
ENTERTAINMENT	200.00
SOUPER LUNCHEON	100.00
PROGRAMS for MEETINGS	400.00
ELEMENTARY SCH CREATIVE WRITING	30.00
JUDGES for CREATIVE ARTS	<u>45.00</u>
Subtotal (Service & Projects Expenses)	\$2575.00

CLUB EXPENSES

OUTGOING PRESIDENT GIFT	50.00
INSURANCE	450.00
DUES STATE/DISTRICT 2700/30	2730.00
MEMBERSHIP	150.00
POSTAGE/COPYING	700.00
PO BOX RENTAL	200.00
COMMUNICATION COUNSULTING	150.00
WEBSITE	300.00
YEARBOOK	<u>450.00</u>
Subtotal (Club Expenses)	\$5180.00

TOTAL EXPENSES \$7755.00**DEFICIT TO BE PAID FROM****UNRESTRICTED RESERVES (- \$1680.00)****BLACKMORE FUND**

INTEREST INCOME	170.00
ESTIMATED ACCUMULATED INTEREST	1295.00
EXPENSE (SCHOLARSHIP)	(-1000.00)

SCHOLARSHIP FUND

FUNDRAISER PROFIT	2500.00
INTEREST INCOME	120.00
EXPENSE (SCHOLARSHIPS)	(-3000.00)
DEFICIT to be PAID FROM FUND	(-380.00)

LEADERSHIP FUND

STATE CONV. REGIS and MEALS	(-500.00)
GIFT BASKET for STATE CONVENTION	(-50.00)
OUTGOING STATE PRES. GIFT	(-50.00)
DELEGATES for MID-HUDSON	(-100.00)
DEFICIT to be PAID FROM FUND	(-700.00)

ERF/CLYNK FUND

NO BUDGET for 2023-2024	
BALANCE	556.00

Submitted MAY 1, 2023 BY FINANCE COMMITTEE

PERFORMING ARTS

Marie Liddle and Debbie Mazzone, Co-chairs

Here are some performing arts opportunities for our members to consider in the month of May:

Highlight Acting Troupe will be presenting "Moon Over Buffalo" at the Brunswick Grange Hall May 5, 6 and 7. For tickets, call (518) 237-6936 or go to their website highlightacting.com

The Albany Symphony will feature pieces by John Williams in a concert entitled "The Music of Star Wars" on Saturday, May 6 at 7:30 pm at the Palace Theater. For tickets call (518) 694-3300 or go to AlbanySymphony.com

"Music for Peace in a Time of War" will be the theme of Albany Pro Musica's concert on Sunday, May 7 at 3:00 p.m. at the Troy Savings Bank Music Hall. For tickets, visit albanypromusica.org/peace or call the Box Office at (518) 273-0038.

Schenectady Light Opera will be staging "It Shoulda Been You" May 5-14. Tickets are available on their website at slotheater.org or by calling (518) 730-7370.

COMMUNITY SERVICE

Mary Ellen Caporta, Kathy Raffe, and Linda Reddy, Co-chairs

At the May meeting, after the school budget presentation, Christine and Maribeth from the National Alliance on Mental Illness will be leading us in a bow making activity. We can then take and hang these bows in our community in May (mental health awareness month) to help promote the need to address issues in mental health so that the stigmas can be removed and more necessary funding be provided.



Our Community Service Committee has an important request!

The Albany VA health system is requesting the following items at this time: **MAC & CHEESE, CANNED FRUIT, GIFT CARDS AND SNEAKERS (not used)**. Other items may be donated as well, but this is a specific request at this time. There will be a collection box at the meeting on May 1st in the library. If you have donations but need to have them picked up, you may contact Alison Calvagno after May 7th at 518-423-4066 or email akurtessis@gmail.com. All items will be delivered to the VA by May 11th.

MAY CALENDAR

May 1, Monday, 10 am, **May General Meeting**, Bethlehem Public Library Community Room

May 8, Monday, 10 am, **Wellness Walk**, **Washington Park**, Albany

May 18, Thursday, 10:30 am, **Literature Group**, **My Cousin Rachel** by Daphne du Maurier, Bethlehem Public Library Board Room

May 25, Thursday, **Movie Day**

