DELMAR PROGRESS CLUB



Since 1901

JUNE 2022

PROGRESS IN PRINT



President's Message

It is with some trepidation that I assume the Presidency of the Delmar Progress Club (DPC). We seem to be coming out of the most severe ravages of COVID, although many with medical conditions re-

main concerned about getting it. I think we continue to do some events in person, some outdoors, and some on Zoom, as the virus continues, but we will try and do as many as possible in person so that we can socialize again. I heard loud and clear at the last dinner that you are ready for personal meetings, and I can completely understand! If you want to wear a mask at our meetings, please feel free to do so. I'm doing that when I go to stores, to the library, etc.

The PIP will not be issued in July or August, but we will continue to do walks in June. And we will send out announcements of other things of interest as they come up. Please, if you can, make sure we have the correct email address for you. Our website and Face Book page also have important information that can be easily accessed.

In September, on the 26th, we're going to change things up a little. The Health and Fitness Committee is sponsoring a Chair Yoga Class, at 10 am, in the Community Room. Joan Gavrilik, Kathy Schimanski and I all take this class from Jane O'Neill every Wednesday, via Zoom, but Jane has agreed to do an in-person class for the DPC at the library! Please try it, no matter what your fitness level is. Jane emphasizes going at your own pace, doing what you can do, and the benefits are wonderful. We won't have our normal walk on that date, because of the Yoga class.

And here's my joke for the day: Why should older people use valet parking? Answer: So the valet is the one who has to remember where the car is!

2022-2023

YEARBOOK

Some DPC members prefer receiving a printed hard copy of the annual Yearbook. Others have indicated that they would prefer to receive an electronic copy. In an effort to accommodate everyone,

the 2022-2023 Yearbook will be produced and distributed both ways. Specifically ...

On or about September 1, everyone who has an email address on file will receive an email with 2 documents

- 1- A pdf document containing all the information included in the 2022-2023 Yearbook (exclusive of the Membership Directory)
- 2- The Membership Directory

On or about September 1, everyone (except those who have opted out of receiving a hard copy of the Yearbook), will have the printed Yearbook mailed or delivered to their home address on file.

If you wish to opt out of receiving a hard copy of the Yearbook, please contact Linda Graf at giraffeart@msn.com or 518-439-6659. (An electronic version will be sent to your email address.)

If you wish to receive a hard copy of the Yearbook, no further action is required on your part. You will receive the printed 2022-2023 Yearbook mailed or delivered to your home address on file (as well as the electronic version if you have an email address on file).

SAVE A TREE - OPT OUT





ADOPTED 2022 - 2023 BUDGET **UNRESTRICTED FUNDS**

INCOME

INCOME	
MEMBERSHIP DUES – Based on 125 Members	\$5,625.00
BALANCE CARRIED FORWARD	\$2,480.00
BALANCE CARRIED FORWARD	\$2,460.00
	4
TOTAL INCOME	\$8,105.00
<u>EXPENSES</u>	
COMMUNITY SERVICE	\$700.00
DISTRICT DELEGATES	\$100.00
	,
FEDERATION DUES	
GENERAL FEDERATION	\$2,500.00
DISTRICT	\$30.00
GIFTS	
ELEM SCH CREATIVE WRITING	\$30.00
HOSPITALITY	\$100.00
INSURANCE	\$450.00
JUDGES FOR CREATIVE ARTS	\$45.00
300 GES FOR CREATIVE ARTS	ψ-13.00
LEADERSHIP AWARDS	
STATE HONOR ROLL	\$25.00
HUGH O'BRIEN	\$225.00
	4
MEMBERSHIP	\$150.00
POSTAGE, COPYING	\$800.00
P.O. BOX RENT	\$150.00
PRESIDENT'S THANK YOU GIFT	\$50.00
REMEMBRANCE GARDEN	\$500.00
	•
SOCIAL	
EVENTS	\$700.00
ENTERTAINMENT	\$300.00
LINIERTAIINIVILINI	\$300.00
COURER LUNCUEON	¢100.00
SOUPER LUNCHEON	\$100.00
STUDY GROUPS 6 @ \$50.00	\$300.00
WEBSITE	\$300.00
YEARBOOK	\$400.00
ZOOM ACCOUNT	\$150.00
	-
TOTAL EXPENSES	\$8,105.00
	\$0,100.00

NEW BOARD OF DIRECTORS:

President: Pam Tindall-O'Brien

First Vice President: Vacant

Second Vice President (Membership): Debbie Gall

Recording Secretary: Barbara Kavanagh

Corresponding Secretary: Margaret Dilgen

Treasurer: Christine Doran

Assistant Treasurer: Phyllis Drew

Club Advisor: Lynne Lenhardt

At-large members:

Term expiring 2023: Carolyn Bennett and Rosemary Brown

Term expiring 2024: Joan Gavrilik and Kathleen Newkirk

Term expiring 2025: Barbara Hogan and Maryalice Svare

ADOPTED 2022 - 2023 BUDGET **RESTRICTED FUNDS**

BLACKMORE FUND	
INTEREST INCOME	\$10.0
ESTIMATED ACCUMULATED INTEREST	\$865.00
EXPENSE (SCHOLARSHIP)	\$0.00
SCHOLARSHIP BUDGET	
FUNDRAISER PROFIT	\$2,500.00

\$10.00 TOTAL SCHOLARSHIP INCOME \$2,510.00 - \$3,000.00 EXPENSE (SCHOLARSHIP) **DEFICIT TO BE PAID FROM** SCHOLARSHIP RESERVES \$490.00

STATE CONVENTION BUDGET

- \$500.00 STATE CONV. REGIS. AND MEALS - \$50.00 GIFT BASKET FOR STATE CONVENTION OUTGOING STATE PRESIDENT'S GIFT - \$50.00 DEFICIT TO BE PAID FROM ST CONV RESERVES - \$600.00

ERF BUDGET

INTEREST

HERE IS NO ERF BUDGET FOR 2022. THE BALANCE IN THE ACCOUNT IS \$341.15

MEMBERSHIP COMMITTEE

Karen Winters, Outgoing Second Vice President,

Chair

New Members: None

Resignations: None

Deaths of former members:

Linda Hohn '07 Diane White '10

New Contact Information:

Ronnie Blendell <u>jvblendell@gmail.com</u>
Wilma DeLucco wdelucco@gmail.com

Changes to Contact Information: Send to Debbie Gall, Incoming Second Vice President, galldeb-biedpc@gmail.com or 518-439-0455

PLEASE PAY YOUR 2022-23 DUES:

Please send \$45 check

payable to "Delmar Progress Club" to

Delmar Progress Club PO Box 423 Delmar NY 12054

JUNE BIRTHDAYS

The following members are celebrating birthdays in June. If you have a chance, call or email them your good wishes.

(Not everyone has shared their birthday with us.)

6/5 Barbara Bradford

6/15 June Boluch

Carol Carnes

Patricia Fritts

Nancy Looby

6/23 Valerie Donovan

6/26 Catherine Parenteau

6/28 Anne Mosher



SCHOLARSHIP FUND

Maryalice Svare, Chair

This year DPC has awarded two \$1500 scholarships to graduating seniors. The committee selected Rachel Drew and Phoebe Hosford.



The students will be introduced and presented with their awards at the June 8th luncheon. The students are able to receive these scholarships because of the generosity of the DPC members. Thank you for supporting our Bethlehem students as they start their college careers. Thank you to Karen Bylsma, Mary Bigelow and Joan Richardson who served on the committee this year.

June Luncheon

Celebrating Our Scholarship Winner
Wednesday, June 8, noon
Martel's Restaurant (Capital Hills Golf Course)
65 O'Neil Road, Albany

Turn right off New Scotland Ave right after you enter the City of Albany coming from Delmar. There is a large sign with an arrow for Martel's Restaurant a half block before the right hand turn and

taurant a half block before the right hand turn and another sign at the entrance to O'Neil Road for Capitol Hills Golf Course.

Our luncheon will be held in the Capitol Room. Entrance is through the double glass doors on the left. We do NOT need to use the main entrance to the restaurant! The doors are handicapped equipped as well.

And if you offered to bring a teapot for a centerpiece, please do so!



Reservations due by June 1

Send \$25 check payable to "Delmar Progress" Club to Phyllis Drew, 35 Greenock Rd, Delmar NY 12054

Questions? Call Carolyn Bennett, 518-439-9534

COMMUNICATION AND TECHNOLOGY COMMITTEE

Barbara Hogan and Joan Gavrilik, Co-chairs

See you in September ...

Progress in Print:

For the 2021-22 program year, we committed to providing a monthly PIP -- 10 issues -- September through June -- in an effort to keep everyone up to date during a time when changes were hard to anticipate.

From our perspective, this went very well. We are extremely grateful to the many DPC members involved in providing content, producing the monthly issue, and distributing the electronic and printied copies – all in a seamless and timely manner.

We plan to continue this schedule – taking July and August off and resuming in September. If you have any thoughts as to the content, format or publication schedule of the PIP, we welcome your input.

LITERATURE GROUP

Christine Doran, Incoming Chair

Dear Progress Club members,



I am the new chair of the Literature Study Group. Many thanks to Kathy Schimanski, and all the chairs before her, for all your work on this Study Group.

The meeting dates and books are all set for the 2022 – 23 program year. The selection is a mixture of fiction and non-fiction, contemporary and classic. All books are available at the Library and, with one exception, are under 400 pages. The one book that is over 400 pages is State of Terror. I picked that as our first book so that people would have all summer to read it. Here are the dates and books. All meetings are at 10:30 AM.

- October 20 at the Library **State of Terror**, by Hillary Rodham Clinton and Louise Penny
- November 17 at the Library Vanderbilt: The Rise and Fall of an American Dynasty, by Anderson Cooper and Katherine Howe
- No meeting in December
- January 19 via Zoom *The Lager Queen of Minnesota*, by J. Ryan Stradal
- February 16 via Zoom Susan, Linda, Nina & Cokie: The Extraordinary Story of the Founding Mothers of NPR,
 by Lisa Napoli
- March 16 via Zoom *The Exiles*, by Christina Baker Kline
- April 20 via Zoom Save Me the Plums; My Gourmet Memoir, by Ruth Reichl
- May 18 at the Library My Cousin Rachel, by Daphne DuMaurier
- June 15 picnic at the Elm Avenue Park *Oh William!: A Novel*, by Elizabeth Strout

Meetings of the Literature Group are open to all members. We are in need of a facilitator for each meeting. If you are interested in facilitating one of the meetings, or if you have any comments or suggestions, please let me know.

Happy reading everyone! See you in October.

Note: There will not be a June 2022 Literature Group picnic.

Many thanks to Phyllis Drew, our blood drive coordinator, and the many DPC members who volunteered at Red Cross blood drives throughout the year.



WELLNESS AND THE NATURAL WORLD

Chair (vacant)

Wellness Walks We walk twice a month on Mondays — at 10 a.m. in June

Monday, June 13, 10 a.m.: Pine Hollow Arboretum, Slingerlands – Across from the Slingerlands Post Office on Rt 85

Monday, June 27, 10 a.m.: Schenectady Central Park Rose Garden —Take Thruway Exit 25, stay on I-890 for 1 ½ miles; take Exit 7 onto Crosstown Connection for 1 ¼ miles; turn left onto Golf Rd for ¼ mile; turn right onto Fehr Ave for ½ mile; turn left onto Central Parkway for ½ mile; at the Stop sign with Wright Ave on your right turn left into the park. The Rose Garden will be on your right. Parking lot next to the dog park.

If you wish to walk during the summer, meet on the following dates at the Rail Trail lot in Slingerlands at 10 a.m.

July 11 & 25

August 8 & 22

September 12

There will be no walk on September 26 — a Chair Yoga class will be held at the library — details to follow!

DPC members have requested a list of the locations we walk. See page 6 of this PIP for that information.



Our bottle and can redemption program in support of our Emergency Relief Fund through the Hannaford CLYNK program is ongoing. You can pick up CLYNK bags at the monthly meetings or contact Joan Gavrilik at jsg85@aol.com or 518-439-4520.

PERFORMING ARTS

Marie Liddle and Debbie Mazzone, Co-chairs

The Performing Arts Committee continues to monitor local arts and cultural event offerings for the benefit of our members. Should you wish to take part in any of these, please call or check the website for the venue to receive up-to-date information.

Albany Symphony American Music Festival June 3 and 4 (also, the ASO will be presenting outdoor concerts Jun 11-July 3 at various venues) <u>albanysymphony.com</u>

Theater Voices- staged reading of "Camping with Henry and Tom," June10-12 at Steamer 10 Theater, 500 Western Ave. theatervoices.org

"Exit Strategy" at Albany Barn through Harbinger Theatre June 15-18 and June 23– 25 harbingertheatre.org

"Ripcord" at Curtain Call Theater, Latham, June 5-26 curtaincalltheatre.com

10 a.m.

Monday

<u>Mote:</u> Out of an abundance of caution and concern for the health and safely of our audience members, The Friendship Singers' community concert at the Delmar Reformed Church, originally scheduled for Friday, June 3, has been cancelled. Watch for details about our holiday concerts in December!

Thanks! Marie and Debbie

June 27

JUNE 2022 CALENDAR June 8 Wednesday Noon Luncheon — Martel's Restaurant June 13 Monday 10 a.m. Wellness Walk — Pine Hollow Arboretum

Wellness Walk—Schenectady Central Park Rose Garden

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P

C

David Lindsev-Abaire

For your information — DPC walking locations & directions (as requested)

Town of Bethlehem:

<u>Olde Delmar</u> -- Start at the Delmar Reformed Church and explore the Fernbank Ave / Wellington Rd area

<u>"Downtown Delmar"</u> – Start at the Library and walk down Delaware Ave

<u>Normanside neighborhood</u> – Start at Normanside Country Club and explore the Salisbury Rd, Burhans Pl, & Euclid Ave neighborhood

Rail Trail from Slingerlands – Parking lot on Kenwood Ave – walk north or south

Thacher Park – 85 South, right on 157

Elm Avenue Park – Entrance on Elm Ave just south of the Rt 32 bypass

Henry Hudson Park - Take Rt 144 south, left on Barent Winne Rd

Pine Hollow Arboretum -- Across from the Slingerlands Post Office on Rt 85

<u>Five Rivers Environmental Education Center --</u> Delaware Ave south for 1 mile past the High School; turn right onto Orchard St for ½ mile; left onto Game Farm Rd for ¼ mile, right into Five Rivers.

Albany County (beyond the Town of Bethlehem)

<u>Albany Rural Cemetery</u> -- From 787 N; take exit 7W; stay on 378 toward Loudonville for 1 mile; turn right at the light at the junction of 377 and 378 into Albany Rural Cemetery.

<u>Rail Trail from Voorheesville</u> -- Take Rt 85 south; turn right onto Rt 85A (at Stonewell Plaza); after 1.7 miles, you will reach a traffic circle – take the 2nd exit going into Voorheesville; take your first right onto Pine St; take Pine St. to the end (1/3 mile); take a right & then an immediate left onto Grove St; take Grove St. to its end (1/4 mile) where you will see a large gazebo & parking lot on your right

Washington Park, Albany – Corner of Madison Avenue and Willett Street in Albany

<u>Capital Hills Golf Course, Albany</u> -- Take New Scotland Road toward Albany; turn right onto O'Neil Road just before the bridge over the Thruway

<u>Peebles Island State Park, Cohoes</u> -- Take 787 to Cohoes, turn right onto 470, then left onto Delaware Avenue – this will bring you into the park & to the parking lot on your left

<u>Town of Colonie Mohawk River Park</u> – Take Rt 9 N. Pass Guptill's, then take a left onto Old Loudon Road,. At the stop sign, take a left onto Schermerhorn Road. (There will be signs for the park.) The parking lot is on the left.

The Crossings, Colonie -- 580 Albany Shaker Road, Colonie

<u>Lawson Lake, Feura Bush</u> -- From BC High School, take Delaware Ave south for 3.6 miles; left on LaGrange Lane for ¾ mile; right onto Rt 32 for 1 mile; right onto Tarrytown Rd for 1.5 miles; veer left onto Lawson Lake Rd (Rt 109) for 1.4 miles; parking lots on your right and left

<u>Pine Bush Preserve</u> 195 New Karner Rd, Guilderland (turn right off of Washington Avenue Extension)

Rensselaer County:

<u>Hampton Manor Lake, East Greenbush</u> – 787 north; take Rensselaer exit & follow signs for Rt 20; go up the hill & turn left onto Hampton Ave; Park across from the lake (GPS: 129 Hampton Ave, East Greenbush)

<u>Oakwood Cemetery, Troy</u> -- 787 N; take exit 9E to merge onto NY-7 E toward Troy/Bennington; stay to your left as you cross the bridge; as you get off the bridge, turn left onto 10th St at the light; 10th St will veer right & become Oakwood Ave/Rt 40; pass Frear Park; Oakwood Cemetery will be on your left

Schenectady County:

<u>Central Park & Rose Garden</u> -- Take Thruway Exit 25, stay on I-890 for 1½ miles; take Exit 7 onto Crosstown Connection for 1¼ miles; turn left onto Golf Rd for ¼ mile; turn right onto Fehr Ave for ½ mile; turn left onto Central Parkway for ½ mile; at the Stop sign with Wright Ave on your right turn left into the park. The Rose Garden will be on your right. Parking lot next to the dog park.