

# DELMAR PROGRESS CLUB



**JANUARY 2022**  
**PROGRESS IN PRINT**

Since 1901



## **President's Message**

Happy New Year and welcome to 2022!

I am starting on an optimistic note and trusting this will be a better year for everyone.

Some members have asked me about phone calls and emails that are scams, but they often appear very legitimate. Never respond or provide personal information! If something comes from a club member that appears questionable, please call that member to ensure that the email was legitimate.

It appears that we won't be able to plan a Scholarship Luncheon in the near future. Please give a generous donation to the Scholarship Fund.

I'm still planning a general meeting on Monday, January 3<sup>rd</sup>. With everyone fully vaccinated and wearing masks, I'm hoping we can gather together.

I sincerely hope that 2022 will be a happy and healthy year for all of us.

-Lynne

**HAPPY  
NEW YEAR**

## **SCHOLARSHIP FUND**

**Maryalice Svare, Chair**



**HAPPY NEW YEAR**

DPC starts the new year with an important and special resolution! Our scholarship fundraising this year will be during the month of January. We are setting the goal of \$2,000, which is the same as last year. Donations will be gratefully accepted during January by sending them to Deanne Sodergren, 22 Sheffield Drive, Delmar, New York 12054.

Your generosity enabled DPC to give \$3,000 to graduating seniors in 2021.

We are called upon to continue to do things in a different way. Your flexibility is appreciated very much.

Thank you for your generosity to the students in our community by supporting our fundraising efforts. Reaching our goal would be a wonderful way to start the new year!

## **January General Meeting**

**Monday, January 3, 10 a.m.**

**Bethlehem Public Library (masks required)**

## STUDY GROUP NEWS

### LITERATURE

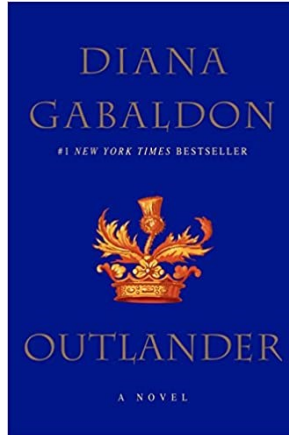
Kathy Schimanski, Chair,

Tuesday, January 11, 1:30 pm, via Zoom

**Outlander** by Diana Gabaldon

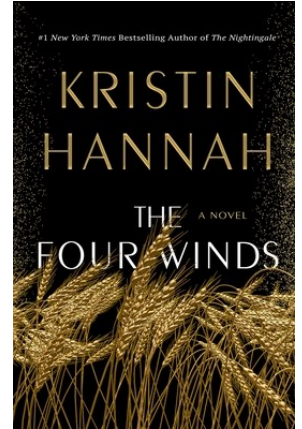
Facilitator: Linda MacRitchie Graf

Outlander spans the genres of romance, science fiction, history and adventure as it follows Clair Randall, a married WWII combat nurse who mistakenly falls back in time to 1743.



February: Tuesday, 2/8, 1:30 pm, via Zoom

**The Four Winds** by Kristin Hannah



### WELLNESS AND THE NATURAL WORLD

Pam Tindall-O'Brien, Chair

**Wellness Walks** We walk twice a month on Mondays — at 10 a.m. in the warmer months and 1 p.m. when it's colder. The walk will be canceled if the temperature, or windchill, is below 20 degrees.

**Monday, January 10, 1 pm: Pine Bush Preserve, Albany**

**Monday, January 24, 1 pm: Albany County Helderberg-Hudson Rail Trail, Slingerlands**

#### **Free Spring classes offered by the Town of Bethlehem**

Select afternoon or evening classes, inside or outdoors

Pre-registration required — contact the Parks and Recreation Department at 518-439-4955, x 2131

#### **Backyard Composting Basics** \* — Tuesday, March 22

- 3:00—4:15 pm Large Pavilion, Elm Avenue Park
- 7:00—8:15 pm Park Office Conference Room, Elm Avenue Park

#### **Recycling Right** — Tuesday, May 17

- 3:00—4:15 pm Large Pavilion, Elm Avenue Park
- 7:00—8:15 pm Park Office Conference Room, Elm Avenue Park



\* Earth Machine composters and accessories will be available at 50% off at the Town's Spring Recycle Fest. Must pre-order by April 1. See [www.townofbethlehem.org/143/Recycling](http://www.townofbethlehem.org/143/Recycling)



Our bottle and can redemption program through the Hannaford CLYNK program is ongoing. You can pick up CLYNK bags at the monthly meetings or contact Joan Gavrilik at [jsg85@aol.com](mailto:jsg85@aol.com) or 518-439-4520 .

## PERFORMING ARTS

**Marie Liddle and Debbie Mazzone, Co-chairs**

Although at this writing the Omicron Covid variant makes it difficult to know if it will be safe and prudent to attend events in January, the Performing Arts Committee would like to provide some opportunities for our members to pursue, if they choose. Here are some ideas for the coming month:



"Admissions" at Sand Lake Center for the Arts - January 14-23 [slca-ctp.org](http://slca-ctp.org)

"Fireflies" at Curtain Call Theater, Latham - January 6-February 6 [curtaincalltheatre.com](http://curtaincalltheatre.com)

Troy Music Hall - various artists and programs [Events Calendar](#) | [Troy Savings Bank Music Hall \(troymusichall.org\)](http://Troy Savings Bank Music Hall (troymusichall.org))

## COMMITTEE AND RELATED REPORTS

### COMMUNITY SERVICE COMMITTEE

**Debbie Gall, Kathy Raffe & Linda Reddy, Co-chairs**

The Community Service Committee recognizes Sigrid Naar for her donation of knitted items for The Giving Box and Alpha Pregnancy Center. She is amazing! She cannot attend meetings or events and yet she is doing what she can.



## MEMBERSHIP COMMITTEE

**Karen Winters, Second Vice President , Chair**  
kkwinters@verizon.net, 518-439-0706



### Happy Holidays

The Progress Club is currently collecting additional information about each of our members.

If you have not already done so, would you please let us know your Birthday **Month and Day**.

Also if you have a cell phone number that you are comfortable sharing would you please send that information along with your Birthday.

I will be away until mid-January but you can e-mail that information to: [kkwinters@verizon.net](mailto:kkwinters@verizon.net)

Thank you for sharing.

## January Birthdays

The following members are celebrating birthdays in January (please note that not everyone has shared birthdays with us). If you have a chance, please call or email them your good wishes.

1/2: Mary Ellen Quinlan

1/5: JoAnn Supan

1/9: Phyllis Drew

1/10: Barbara Mladinov

1/12: Ronnie Blendell

1/19: Lynn Rhodes

1/26: Joyce Becker

1/30: Ann VanDervort



## CORRESPONDING SECRETARY REPORT

A memorial gift in memory of Mary Richards was made to Heifer International by Linda Graf and family. Also a \$100 donation was made by DPC to Canine Companions.

Respectfully submitted,  
**Lynn Millspaugh**



## 2021-2022 CALENDAR (as of January 1, 2022)

JANUARY 2022			
January 3	Monday	10 a.m.	General Meeting, BPL Community Room
January 10	Monday	1 p.m.	Wellness Walk — Pine Bush Preserve, Albany
January 11	Tuesday	1:30 p.m.	Literature Group: <i>Outlander</i> by Diana Gabaldon, via Zoom
January 24	Monday	1 p.m.	Wellness Walk — Albany County Rail Trail, Slingerlands
January 28	Friday	10 a.m.	Knitting Group, BPL Board Room

## 2021-2022 CALENDAR (continued)

### FEBRUARY 2022

February 7	Monday	10 a.m.	General Meeting, BPL Community Room
February 8	Tuesday	1:30 p.m.	Literature Group: <i>The Four Winds</i> by Kristin Hannah, via Zoom
February 14	Monday	1 p.m.	Wellness Walk
February 25	Friday	10 a.m.	Knitting Group, BPL Board Room
February 28	Monday	1 p.m.	Wellness Walk

### MARCH 2022

March 7	Monday	10 a.m.	General Meeting, BPL Community Room
March 8	Tuesday	1:30 p.m.	Literature Group: <i>Travels with Charley</i> by John Steinbeck, BPL Board Room
March 14	Monday	1 p.m.	Wellness Walk
March 25	Friday	10 a.m.	Knitting Group, BPL Board Room
March 28	Monday	1 p.m.	Wellness Walk

### APRIL 2022

April 4	Monday	10 a.m.	General Meeting, BPL Community Room
April 11	Monday	10 a.m.	Wellness Walk—Oakwood Cemetery, Troy
April 12	Tuesday	1:30 p.m.	Literature Group: <i>The Perfect Couple</i> by Elin Hilderbrand, BPL Board Room
April 25	Monday	10 a.m.	Wellness Walk

### MAY 2022

May 2	Monday	10 a.m.	General Meeting, BPL Community Room
May 9	Monday	10 a.m.	Wellness Walk— Washington Park, Albany
May 23	Tuesday	10 a.m.	Wellness Walk

### JUNE 2022

June 13	Monday	10 a.m.	Wellness Walk
June 14	Tuesday	Noon	Literature Group Picnic (Book selection to be determined)
June 27	Monday	10 a.m.	Wellness Walk—Rose Garden, Central Park. Schenectady





## 2021 A Year in Pictures

