



Since 1901

**MAY 2022** 

# **PROGRESS IN PRINT**





# President's Message

Dear Club Members:

This is my final message to you as President. In some ways, the past two years have flown by much faster than the pandemic has. It has been a difficult time for our club as well as other organizations. I have tried very hard to keep everyone connected as I know very well what it's like to be alone. Despite going from everything closed to the reopening of facilities, the club has managed to accomplish a lot in the areas of communication, community service, archives, wellness, literature, performing arts, scholarships, yearbook production, etc. We were even able to have a Suffragette Play on Zoom commemorating the passage of the 19<sup>th</sup> Amendment and a 121-year anniversary of the club celebration! While I wish we could have accomplished more, I am proud of all that we were able to do.

I want to thank the officers, board of directors, committee and study group chairs, and other club members who helped and supported club functions and activities during a difficult time. My sincere wishes extend to our new officers and my hope that their tenure will have a greater degree of normalcy.

Sincerely, Lynne

#### **May General Meeting**

Monday, May 2, 10 a.m. Bethlehem Public Library <u>Annual Meeting</u> Installation of new officers \* Refreshments\*

### PLEASE READ ...

The Progress Club needs someone to serve as First Vice President for the next 2-year term. That person will then be nominated for President for the following term. (See duties below.)



While this is a commitment that should not be taken lightly, it is designed not to be overwhelming. Club responsibilities are spread among officers, directors, committees and study groups — a virtual army that includes most active members.

The difficultly in finding members to serve as officers is not unique to our club. And the uncertainty in everyone's lives over the past 2 years makes us all understandably reluctant to make commitments. Yet, during that time, our Club did not miss a beat — finding new ways to operate productively and stay in touch with its members. And now, we have an impressive slate of candidates to lead us forward, with this one exception.

Won't you consider stepping up and joining the team that will lead the Delmar Progress Club successfully into the future?

#### Anyone interested in this position should contact Nominating Committee Chair Rosemary Brown at 518-977-3009 or 1rosemanybrown@gmail.com.

First Vice President (President-Elect): Serves as chair of the Program Committee (which arranges for entertainment at banquets and the holiday tea), performs the duties of the President in her absence, and renders assistance when needed.

**President:** Presides over the 7 general meetings, is a member of all Standing Committees, provides general supervision of Club affairs, and coordinates the Club calendar.

## MEMBERSHIP COMMITTEE

#### Karen Winters, Second Vice President, Chair

New Members: Honor Kennedy 518-727-0239, kenned6852@aol.com

Deaths: Marion Michaels '80

**New Contact Information:** 

Pat Antonucci 516-586-5497



Joy Ford 518-439-5496 31 Beverwyck Lane Room 8 Slingerlands, NY 12159

Quick Reminder: Save a stamp !!!

Bring your checkbook to the May meeting and pay your 2022-2023 dues

#### **MAY BIRTHDAYS**

The following members are celebrating birthdays in May. If you have a chance, call or email them your good wishes.

(Not everyone has shared their birthday with us.)

5/1 Susan DiMuria

5/11 Lynne Lenhardt

Candice Stellato

- 5/15 Katherine Underwood
- 5/16 Susan Lamora

#### REMEMBRANCE

Josie Woods, Chair

Sympathy cards were sent to ...

- the Michaels family on the passing of Marion,
- Lynn Millspaugh on the loss of her aunt,
- Barbara Castle on the passing of her husband, and
- Peggy Zimmerman on the loss of her husband.

# **CORRESPONDING SECRETARY REPORT**

A note was sent on behalf of DPC members to Jody Monroe thanking her for speaking to us about the BC school district during our April meeting.

Respectfully submitted, Lynn Millspaugh





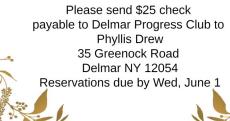
CELEBRATING OUR SCHOLARSHIP WINNERS

Suncheon

SOUP - COBB SALAD - DESSERT - COFFEE, TEA & WATER

#### Wednesday, June 8, Noon

Martel's Restaurant (Capitol Hills Golf Course) 65 O'Neil Road Albany (Right turn off New Scotland Ave right after you enter the City of Albany coming from Delmar)



# LITERATURE

Kathy Schimanski, Chair

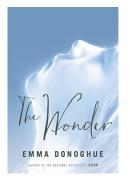
Tuesday, May 10, <u>12:30</u> Bethlehem Public Library Board Room (<u>Note: New time due to</u> room availability.)

The Wonder

**by Emma Donahue** Facilitator: Karen Winters

An English nurse brought to a small Irish village to

observe what appears to be a miracle — a girl said to have survived without food for months — soon finds herself fighting to save the child's life (*Amazon*).



Delmar Progress Club \* PO Box 423 \* Delmar, NY 12054 \* info@delmarprogressclub.org

# WELLNESS AND THE NATURAL WORLD

Pam Tindall-O'Brien, Chair

Wellness Walks We walk twice a month on Mondays — at 10 a.m. in May

Monday, May 9, 10 a.m.: Washington Park, Albany, to see the tulips – Meet at the corner of Madison Avenue and Willett Street

**Monday, May 23, 10 a.m.: Rail Trail from Voorheesville** — Take Rt 85 south; turn right onto Rt 85A (at Stonewell Plaza); after 1.7 miles, you will reach a traffic circle – take the 2<sup>nd</sup> exit going into Voorheesville; take your first right onto Pine St; take Pine St. to the end (1/3 mile); take a right & then an immediate left onto Grove St; take Grove St. to its end (1/4 mile) where you will see a large gazebo & parking lot on your right

Our bottle and can redemption program in support of our Emergency Relief Fund through the Hannaford CLYNK program is ongoing. You can pick up CLYNK bags at the monthly meetings or contact Joan Gavrilik at jsg85@aol.com or 518-439-4520.

#### Wednesday, May 25 — National Senior Health and Fitness day

9:00—11:30 a.m.: Bethlehem Y — Wellness Fair and other activities

**Noon—3:30 p.m.: Elm Avenue Park Large Pavilion** — sponsored by the Town of Bethlehem Senior Services Dept. and the Parks and Recreation Dept. FREE, but registration required — Call 518-439-4955 x 2131

Noon—1 p.m. BBQ Lunch 1:00—3:30 p.m.: Rotating Fitness Opportunities

#### PERFORMING ARTS Marie Liddle and Debbie Mazzone, Co-chairs

We continue to seek cultural and artistic opportunities for our members to pursue, if they're comfortable doing so. Some options in the coming month are:

**Sand Lake Center for the Arts - Circle Theater Players -"3 Porches"** in which Debbie Mazzone has a major role - This poignant, original musical about family and relationships will already have been staged April 29, 30 and May 1 and will run a second weekend, May 6, 7 and 8. This could be a Mother's Day weekend treat! For tickets: <u>scla-ctp.org</u> or call (518) 674-2007



**Curtain Call Theater, Latham - "Long Lost" -** a Pulitzer Prize winning play, from now through May 15 - Tickets by calling the Box Office at (518) 877-7529

Also, an idea arose at the DPC Reunion dinner in March to begin a **movie group** at the Spectrum at a pre-set time and date each month. if you'd be interested in becoming involved in this, please email Debbie Mazzone at <u>dtmazzone@verizon.net</u> or Marie Liddle at <u>maliddle@gmail.com</u>

And...mark your calendar now for this year's **Friendship Singers' Spring Concert**. The date is Friday, June 3 at 7:30 pm at the Delmar Reformed Church. See you there!

# COMMUNITY SERVICE COMMITTEE Debbie Gall, Kathy Raffe & Linda Reddy, Co-chairs

# Recap for the 2021-2022 program year:

Due to the ongoing COVID pandemic, the service Committee focused this year on SUPPORTING WOMEN OF ALL AGES through the collection of goods.

In October, the club donated 5 rugs and 5 bedside nightstands to the Christopher House serving women veterans, which recently opened their doors in Troy.

In November, 15 technology kits were donated to the YMCA program called GRYLS STEM which encourages middle school girls to explore the fields of science, technology, engineering and math.

In February, our club collected and gifted 12 pairs of running shoes to the GIRLS ON THE. RUN program.

Our service year ended in April with the collection of fruits and nuts, and arts and crafts to fill two gift baskets for the TO LIFE organization to raffle at their May fundraising gala.

In May, we will be sending \$325 to the Town of Bethlehem Food Pantry and \$325 to the Bethlehem Festival Fund — a total of \$650.00.

Our deepest THANKS to all who shared in these wonderful service endeavors and we look forward to your continued support next year!

# **DPC Emergency Relief Fund** Pam Tindall-O'Brien, Chair

What is the Emergency Relief Fund (ERF) being used for? Last year, we sent money to the Kentucky Relief Fund when there was massive flooding. This year, we sent money to assist Afghan refugees who were in dire need as the United States pulled out its troops and the Taliban finalized its control of the country. In addition, I am happy to report that the ERF was replenished by both CLYNK money, and the money that was left over from the March dinner event. AND, our members donated over \$800 at the recent meeting and at the March dinner event for the Ukrainian Relief effort. Well done, DPC members!

**SOLES4SOULS** If you have shoes that you no longer use, contact Wilma DeLucco. You can bring them to her house at 228 Murray Ave. If she is not home, just leave them at her door.

Soles4Souls is a program that turns unwanted shoes into an opportunity for needy people to continue to be active, perhaps to get to work, or to see family and friends. It also helps the planet by keeping unwanted items out of landfills. Soles4Souls lets us put our no longer needed or wanted shoes to good use.

# SOLES 슈











#### April 19, 2022 Board of Directors Meeting Minutes

Present: Lynne Lenhardt, Pamela Tindall-O'Brien, Karen Winters, Christine Doran, Debbie Gall, Margaret Dilgen, Kathy Schimanski, Carolyn Bennett and Kathy Newkirk

Absent: Lynn Millspaugh, Phyllis Drew, Joyce Demoly, Rosemary Brown

Lynne Lenhardt called the meeting to order at 10:13 and welcomed everyone.

As Finance Committee Chair, Carolyn Bennett talked about next year's budget and explained some expenses. Christine Doran gave a treasurer's report. She is concerned that we might run out of money over the coming years. Over the long term this is not sustainable. Pam feels we need new members and this can help. She would like more money put into membership. Carolyn suggested to ask the Finance Committee for any extra money needed by committees. Debbie wanted to know what the \$150 for membership is used for. She did not get a clear answer though Karen Winters indicated that some went for flowers for new members and postage for mailings. Debbie spoke about having a plan towards increasing membership. She talked about pool passes. The Friends of Parks and Recreation may take care of this. Carolyn suggested that Bethlehem Community Fund get a donation and ask those who receive donations from our Club respond by a public thank you, such as in a newspaper or news-letter.

At-large members: Lynne explained that when Margaret Dilgen is elected Corresponding Secretary at the elections next month, there will be a need for a new "at-large member." Lynne moved with Pam seconding that the Board of Directors appoint Joan Gavrilik to complete Margaret's term as an "at-large member". The motion was unanimously approved.

Room sign up is now for six months out instead of a year so it's important to keep track of dates. Lynne reported that the State convention will be in Albany this year. The dates are April 28<sup>th</sup> to May 1<sup>st</sup>. Since we are the Host Club this year, some members will be attending and helping with registration. A basket prepared by Pam will be raffled off.

Study Groups: Pam spoke about how some study groups might be combined. It is hard to get Chairs. An example was the Arts & Antiques Study Group joining with the Travel Group. Kathy Newkirk also spoke of partnering with other groups to for traveling in order to fill busses.

Debbie remarked that we should look at the larger picture. The world is changing. Leave this up to the membership to develop and have ownership of the groups. Our study groups should be membership driven.

Pam mentioned the need for someone to head the Wellness Group. In September this group will have a meeting for the entire club. This will be an introduction to chair yoga as part of Wellness.

Literature Group: the format may change. Karen Winters suggested that it move to more of a discussion of the book rather than a book report. Debbie suggested that "We" may have to let them decide what they want the study clubs to be. Pam will discuss study groups at the next general meeting.

Bylaws: Pam wanted to chair this committee but Lynne indicated that the President doesn't chair committees but is an ex-officio member of all committees and study groups. Lynne offered to chair it. There is a lot of work to accomplish on the bylaws. If you have a copy of the bylaws, it would be good to look over it and suggest any changes to the committee.

A Spring Luncheon will be at Martelle's on June 8<sup>th</sup>. The cost will be \$25. Mary Alice Svare will talk about the candidates who received scholarship money and hopefully they will be able to attend.

Library: Debbie attended a Friends of the Library Board meeting on April 18<sup>th</sup>. She had thought of becoming a trustee but realized being a member of the Friends would be better. She found the meeting very interesting and gave them more information about the Progress Club. They have bus trips which may be a way to connect with people about our club. We could also volunteer with other library events to publicize our Club. Friends Spring Pop-Up Book Sale will be on the library plaza the weekend of May 21<sup>st</sup>. We can volunteer and again make our name and purpose known. There is a table in the library hallway that we can also use to advertise ourselves to get donations and new members.

#### Meeting Minutes (continued)

Memorial Day parade: Another idea to increase interest in our club is to march in the parade and help publicize what we do.

Christine Doran spoke briefly about Key Bank and the "In Kind Donation" if we collected money from the public.

Ideas of ways to save some money when taking a bus trip is to connect with the Women's Club of Albany and also Friends of the Library.

Meeting was adjourned at 12:08.

Repectfully submitted, Margaret Dilgen Acting Recording Secretary

#### **Travel Group Presentation by Linda Graf**

#### Visit to Scotland — Land of My Father



# 2021-2022 CALENDAR

MAY 2022			
May 2	Monday	10 a.m.	Annual Meeting, BPL Community Room
May 9	Monday	10 a.m.	Wellness Walk— Washington Park, Albany
May 10	Tuesday	12:30 p.m.	Literature Group, <i>The Wonder</i> by Emma Donahue, BPL Board Room (Note new time due to room availability)
May 23	Tuesday	10 a.m.	Wellness Walk — Rail Trail from Voorheesville
JUNE 2022			
June 8	Wednesday	Noon	Luncheon — Martel's Restaurant
June 13	Monday	10 a.m.	Wellness Walk
June 27	Monday	10 a.m.	Wellness Walk—Rose Garden, Central Park. Schenectady